



Terri Goslin-Jones, PhD is a psychologist, educator, poet, and visual artist whose work is rooted in expressive arts and a lifelong commitment to creativity as a path to personal and spiritual growth. Her artistic journey deepened through her studies in expressive arts with Natalie Rogers, PhD, and continues to be informed by her background in psychology, mindfulness, and poetic inquiry.

After moving to Seabrook Island in 2022, Terri joined the Seabrook Island Artists Guild (SIAG) and immersed herself in monthly workshops, embracing experimentation as a central aspect of her creative process. Her visual work includes oil painting, cold wax, and encaustic, often emerging from her love of photographing landscapes and writing poetry. For Terri, painting and poetry are inseparable—each informs and enriches the other, offering complementary ways of seeing, feeling, and making meaning.

Terri is the author of *Life's Concerto: Wholeness Through Poetry and Expressive Arts*, a collection of poems and artwork that celebrates life through the lens of expressive arts. The work explores paradoxes and mysteries that arise across the seasons of life, engaging themes of awe, contemplation, dreams, death, grief, hope, love, Nature, silence, and spirituality. She is also co-author of *Weaving Ourselves Whole: A Guide to Forming a Transformational Expressive Arts Circle*. Terri has participated in an expressive arts circle with five colleagues for over fifteen years, exploring how artmaking fosters personal and spiritual transformation.

Professionally, Terri taught full-time in the Psychology and Creativity Studies programs at Saybrook University in Pasadena, California. She currently works part-time supervising doctoral students in qualitative and heuristic research, with a focus on the transformative effects of expressive arts and creativity. She is a Registered Expressive Arts Consultant/Educator (REACE), certified in Mindfulness Facilitation through UCLA, and an Institute of Poetic Medicine Practitioner.

Beyond the studio, Terri's creativity is woven into family life, gardening, nature, photography, and travel.

Come experience the variety and richness of Terri's work at the reception at the Lakehouse on Tuesday, March 3<sup>rd</sup> , from 4:30 - 6:00 pm



We have so much more to show and tell you about us on our website, [www.seabrookislandartistguild.com](http://www.seabrookislandartistguild.com), or use the QR Code.