

Nick Olson



Nick Olson was raised in Charleston and has spent his entire adult life here. He graduated from University of South Carolina and the Citadel Graduate College.

Nick swam competitively for over 15 years starting as a child through college at USC. He has been instructing swim lessons and coaching swim teams for 20 years. His experience ranges from private lessons to being a head coach of swim teams. Nick's philosophy on coaching is good technique before speed every day of the week. Proper form is the best foundation one can have in the water because efficiency over effort always wins the day.

When Nick is away from the gym he is a firefighter on the island. He also enjoys spending time with his wife and their dogs; any and every outdoor activity; and live music whenever possible.

For more information, please contact nolson@sipoa.org