



SEABROOK ISLAND  
Property Owners Association

# DO YOU KNOW?

## *Renter/Guest Guide to the Lake House*

Welcome!

The SIPOA Lake House is a community facility where guests can enjoy a topflight fitness facility, an indoor and outdoor pool, wellness programs, basketball courts, a playground and many other recreational features. A valid amenity card is required for use of The Lake House Fitness Center, including the Indoor (Fitness) Pool and Fitness Classes.

**Obtaining an Amenity Card:** If you do not have an Amenity Card for use during your visit, contact the Amenity Office at (843) 768-3942.

**Lake House Access and Hours of Operation:** The Lake House is open Monday through Saturday from 8:00AM to 8:00PM and Sunday from 10:00AM to 5:00PM. There are fees for renter/guest access to the indoor pool, fitness center, group fitness classes, and other services. Please see the Lake House staff for more information.

*Our goal is to provide property owners and guests a facility that meets social, recreational, fitness, and wellness needs in a well maintained and safe environment. The following are some general rules of The Lake House. Please note, a complete list can be found in the Guide to the Lake House, Community Center, and SIPOA Amenities located on the SIPOA Website. Thank you in advance for your attention to the following:*

### **General Rules of the Lake House:**

- Please read and abide by all posted signage in and around The Lake House.
- All SIPOA facilities are smoke-free. Smoking is allowed in the parking areas only.
- Shoes and shirts are required inside the building.
- No pets other than service animals are permitted in SIPOA facilities.
- Children six (6) years of age and older must use gender specific restrooms/locker rooms. There is a single unisex restroom in the Lake House fitness center.
- Persons causing damage to property or facilities are responsible for the repair/replacement expense.
- Please respect the reasonable requests you may receive from the Lake House staff members; their goal is to ensure safe, attractive, well-maintained facilities for the enjoyment of our Property Owners and Guests.

### **Fitness Center:**

- Use of fitness equipment is limited to people 14 years of age and older.
- Children 14 or 15 years must be under the direct supervision of an adult.
- Closed-toe athletic shoes are required.
- Wipe down equipment after each use. Return weights to the racks provided.
- Allow circuit trainers to work-in between sets.
- Lockers are available for daily use. Bring your own lock and remove it daily.
- Cubby holes are provided for personal items. Please don't place personal items around the workout area.
- Only personal radios with headphones are permitted, except during group exercise.
- Physical exercise and use of the fitness equipment are done at your own risk. Consult your physician prior to initiating any workout routine.

### **Pools:**

- There are no lifeguards at any SIPOA pools.
- The Lake House Indoor Pool temperature is between 82°F - 85°F year around. The outdoor pool is not heated.
- Except for lap swimming in the designated lane, pools are closed to others during group class times.

- Children, age fifteen (15) and under, must be supervised by a parent/guardian when in the pool areas. Children may also be supervised by a sibling, aged sixteen (16) years or older.
- No glass bottles/beverage containers are permitted. No food/beverages are permitted in the indoor or outdoor pool.
- Waterproof pants/swim diapers are required for all non-toilet-trained children in all pools.

**Bicycle Parking:**

- Please use the bike racks. Do not park bicycles on Lake House porches or handicap access ramps. If improperly parked, your bicycle will be moved to the bike rack area; SIPOA is not responsible for any damage that might occur.

**Library:**

- The Lending Library is open during staffed hours, and works on the honor system.

**Basketball Court:**

- Open daily, dawn - dusk. Reservations are not required.
- Basketballs may be checked out at the Lake House front desk. If not returned the same day, \$25 will be charged to your account.

**Playground:**

- Children must be supervised at all times. Open daily, dawn 'til dusk; no reservations, have fun!
- Report any concerns to the Lake House Staff, or if after hours, to Security.

**Conduct and Enforcement:** Conduct of a belligerent, hostile, harassing, threatening, or combative nature is a violation of the SIPOA Rules and Regulations. SIPOA Staff members have the authority to enforce all SIPOA Rules and Regulations and make reasonable requests of persons in the facilities to ensure a safe, secure and professional environment is maintained. Violations of the Rules and Regulations or failure to respect a reasonable request of a staff member can result in sanctions and/or assessments, including, but not limited to, loss of privileges. Concerns should be brought to the attention of the Director of The Lake House and/or the SIPOA Executive Director. Conduct that rises to a level of violating State or Federal laws will be referred to the Charleston County Sheriff's Office.

**SIPOA Oyster Catcher Community Center:** Use of the Community Center Pool is limited to Property Owners and their accompanied guests. Pool access is via Property Owner Amenity card only.